

Mantra Prayer for Bodhidham Yog dhyan Ashram Nepal

Starting Prayer

अखण्डमण्डलाकारं व्याप्तं येन चराचरम् ।
तत्पदं दर्शितं येन तस्मै श्रीगुरवे नमः

Akhanda-Mandalakaram vyaptam yena characharam.
Tatpadam darshitam yena tasmai Shri Gurave Namah.

Akhanda – undivided; Mandalakaram – wholesome in circle; vyaptam – pervades; yena – by which; characharam – movable & immovable; Tat padam – That state; darshitam – has shown; yena – by whom; tasmai – to that; Shri – glorious; Guruve – guru, MAster; Namah –my salutations.

I offer my Salutations to that Guru who revealed to me that Ultimate Truth, which is undivided, infinite, divinity- beyond time and space, and which pervades the entire universe – both movable or unmovable.

Closing Prayer

ॐ असतो मा सद्गमय ।
तमसो मा ज्योर्त्तगमय ।
मृत्योमा अमृतं गमय ।
ॐ शान्तः शान्तः शान्तः ॥

**Aum Asato Maa Sat-Gamaya |
Tamaso Maa Jyotir-Gamaya |
Mrityor-Maa Amritam Gamaya |
Om Shaantih Shaantih Shaantih | |**

Aum, (Hey Lord) please Keep me not in (the material World of) Unreality, but lead me towards the Ultimate Reality (of Eternal Self),
Please Keep me not in (the Ignorant State of) Darkness, but lead me towards the Light (of Spiritual wisdom),
Please Keep me not in (the mundane World) mortality, but lead me towards the World of Immortality (of Self-Realization),

Aum, Peace, Peace, Peace. (In the level of Body! Mind! and Spirit!)

MAY LORD BLESS All !